

How can you get involved in the community during and after an emergency?

Look into taking first aid and emergency response training, participating in community exercises, and volunteering to support local first responders. Contact [Citizens Corps](#), which coordinates activities to make communities safer, stronger and better prepared to respond to an emergency situation and consider becoming a [Medical Reserve Corps](#) volunteer.

Homeland Security promotes emergency preparedness throughout the year via the [Ready America](#) campaign. Checklists, brochures, and videos are available in English and in Spanish online and by phone (1-800-BE-READY and 1-888-SE-LISTO).