



IS IT A COLD OR H1N1?

Symptoms	Influenza A (H1N1)	Cold
Onset	Suddenly	Slowly
Fever	Characteristically high >38°C	Rare
Headache	Prominent	Rare
General aches & pains	Usual, often severe	Rare
Fatigue, weakness	Can be prolonged for a number of weeks	Usually mild
Extreme exhaustion	Early and prominent	Never
Stuffy nose	Sometimes	Common
Sneezing	Sometimes	Usual
Sore throat	Sometimes	Common
Chest discomfort, cough	Common, can be severe	Mild to moderate, hacking cough
Diarrhea, vomiting	Reported	Not associated with the common cold in adults

